

SAIMA NEWSLETTER

October 2026



THIS ISSUE IS KINDLY SPONSORED BY KIESER

FROM THE PRESIDENT'S DESK

CITY 2 BAY

BOLLYWOOD NIGHT

ANNUAL GENERAL MEETING

CME

A WORD FROM THE PRESIDENT'S DESK

By President Dr Jaiveer Krishnan



Three Years of Growth, Friendship and Gratitude

Dear SAIMA Family,

As I write my final President's message, I look back on the past three years with pride, gratitude and a sense of fulfilment. Serving as President of SAIMA has been an honour, a privilege and, above all, a deeply rewarding personal journey.

When I assumed this responsibility, my vision was simple: to build a stronger, more connected and inclusive SAIMA community, where members felt a genuine sense of belonging and younger generations were encouraged to participate and contribute.

Today, I am delighted that, together, we have made meaningful progress towards that vision.

Over the past three years, **our membership has grown by 25%**, with increasing participation from younger medical professionals. We have expanded opportunities for members to connect through sporting, social and educational activities.

Our multicultural table tennis competitions, SAIMA golf events and intercultural golfing initiatives have brought people together beyond their professional lives. Our inaugural Bollywood Night attracted over 80 participants, filling the venue to capacity, with Season Two eagerly anticipated.

Education has remained central to SAIMA. We have continued delivering high-quality CME programs featuring renowned speakers. A significant milestone was our first dedicated full-day Annual Scientific Meeting, held separately from the gala dinner, attracting over 100 participants. This allowed us to strengthen our educational offerings while making the gala an occasion purely for celebration and friendship.

We have also strengthened SAIMA's engagement with SA Health, local health networks, primary health networks, the AMA, the Department for Health and Wellbeing, Preventive Health SA and other community organisations, broadening our connections and representation.

None of these achievements would have been possible without an extraordinary team.

My heartfelt thanks go to every member of our executive and core committees, who have generously dedicated countless hours, often sacrificing precious family time, to serve our community. I am equally grateful to our Executive Assistant for her longstanding commitment and invaluable support.

On a personal level, this journey has taught me far more than I anticipated. I have learned the importance of patience, listening, respecting differing perspectives and navigating challenges together. Leadership is not about having all the answers, but about bringing people together towards a shared purpose. Not every decision will please everyone, but sincerity, integrity and collective commitment matter most.

To our members, thank you for your trust, encouragement and support, particularly during challenging times. **Without you, there is no SAIMA.**

As I hand over the baton, I do so knowing that we have collectively built a stronger foundation for the future. I encourage everyone to extend the same support to the incoming committee.

When I look back, I will remember not just our achievements, but the friendships, conversations, laughter and shared experiences.

Positions and titles are temporary. The relationships we build and the positive difference we make are what remain.

Thank you for allowing me to be part of this wonderful journey.

With heartfelt gratitude,

Dr Jaiveer Krishnan
President, SAIMA
2023–2026



KIESER

PHYSIO | REHAB | STRENGTH



MEDICAL STRENGTH TRAINING

Clinician-led,
evidence-based strength
training programs for
osteoarthritis,
osteoporosis, sarcopenia
and back pain.

Medical programs for
eligible members are
funded by 35+ Australian
private health insurers.

WANT
TO
LEARN
MORE?



ENQUIRE

Kieser Glenelg and Kieser Norwood

CITY 2 BAY

Like last few years, this year SAIMA partnered with the Saree Saheli team for the annual City 2 Bay event to promote healthy living and exercise. It was a wonderful day with many members participating in this event by either walking or running.

The City 2 Bay was a great opportunity for members to enjoy their Sunday morning by spending time with family and friends whilst doing some fitness.

We look forward to continuing to participate and partnering with Saree Sahelis in this event in the future!



OUR DIAMOND SPONSOR



Your profession demands your full attention.

Your builder should take care of the rest.

Whether you're balancing long shifts, running a practice, or simply making the most of the time you have with your family, your home should be the place where life feels effortless.

At Fortune Living, we've spent the past decade helping South Australians create homes that are thoughtfully designed around the way they live.

From the very first conversation through to handover, our focus is on delivering a building experience that's organised, transparent and enjoyable. We believe that clear communication, quality craftsmanship and thoughtful design should come as standard.

When your profession revolves around caring for others, you deserve a builder who takes care of the details.



Over 10 years
building quality
homes across
South Australia



Custom Homes

Subdivisions

House & Land

Land Developments

Property Investments



We'd love to welcome you through one of our display homes.

Whether you're ready to build or simply gathering ideas for the future, visit us and experience the Fortune Living difference for yourself.



Villawood
78 St Andrews Way,
Andrews Farm



Riverlea
4 Nixon Street,
Riverlea Park



PROUD SUPPORTERS OF THE
SOUTH AUSTRALIAN INDIAN
MEDICAL ASSOCIATION



08 8337 5555



info@fortuneliving.com.au



fortuneliving.com.au



SAIMA

Bollywood Night

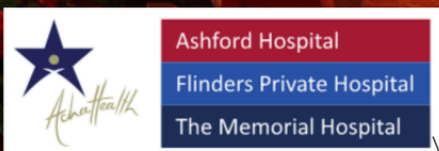
**VENUE – HUNGARIAN CLUB
82 OSMOND TERRACE, NORWOOD**

**Saturday 31st October
5-10 PM**

**Book here or scan QR code above:
<https://www.trybooking.com/DQHIX>**



ODHAVJI & ASSOCIATES
CERTIFIED PRACTISING ACCOUNTANTS
FINANCIAL ADVISERS
MORTGAGE BROKERS



EVENT PARTNERS:





**SOUTH AUSTRALIAN
INDIAN MEDICAL
ASSOCIATION**

S A I M A

CME co-sponsored by

AstraZeneca



SAIMA AGM & CME EVENT

HEART FAILURE: GUIDELINES TO PRACTICE

*Latest evidence. Practical management.
Better outcomes for our patients.*



**Saturday
14 November 2026**



6:00 PM – 9:30 PM
AGM followed by CME



SERVIER
Education Support



AGM PROGRAM

6:00 PM

SAIMA Annual General Meeting (AGM)
reports, updates and future plans



CME PROGRAM

7:00 PM



**European Society of Cardiology
Guidelines update on heart failure**

7:15 PM



**Heart failure with reduced ejection
fraction (HFrEF)**
Presentation and management

7:45 PM



Q&A

8:00 PM



**Heart failure with preserved ejection
fraction (HFpEF)**
Presentation and management

8:30 PM



Q&A

8:45 PM



Networking



VENUE



Adelaide Wine Centre

Corner of Hackney Road &
Botanic Road, Adelaide SA



SCAN TO REGISTER

**All GPs and healthcare
professionals welcome**



Ashford Hospital
Flinders Private Hospital
The Memorial Hospital



ODHAVJI & ASSOCIATES
CERTIFIED PRACTISING ACCOUNTANTS



Medical Business Brokers
A Division of Benchmark Business Sales & Valuations

Networking

Clinical Education

Community

SAIMA

OUR PLATINUM SPONSOR

WE ARE



ODHAVJI & ASSOCIATES
CERTIFIED PRACTISING ACCOUNTANTS
SPECIALIST FINANCIAL ADVISERS
MORTGAGE BROKERS

YOUR TRUSTED FINANCIAL PARTNER

 **CALL FOR APPOINTMENT**
(08) 8211 8166

ACCOUNTING SERVICES
Income Tax Returns
Auditing
Business Start-up & Advice
Self-Managed Super Funds
Trust & Company Formation
GST & BAS Returns
Business & Personal Taxation

FINANCIAL PLANNING SERVICES
Wealth Creation & Protection
Superannuation advice
Risk Insurance advice
Retirement Planning

MORTGAGE BROKER SERVICES
Home & Investment Loans
Business Loan & Leasing



Amit Odhavji | Parsottam Odhaji
E. odhavji@odhavji.com.au
A. 33 Market Street, Adelaide,
SA 5000
www.odhavji.com.au

CME EDUCATIONAL ACTIVITIES PREFERENCES SURVEY

SAIMA (South Australian Indian Medical Association) provides Continuing Medical Education (CME) activities, including an annual scientific meeting, for medical professionals, dentists, and allied health professionals.

Please fill out this survey (via QR code) to enable us to organise CME sessions which are informative and relevant to a large number of members, at a suitable date.



OUR GOLD SPONSOR

When every second counts,
you can rely on the
**Cardiac Emergency Centre
at Ashford Hospital**

If you, a loved one or your patient
experience a cardiac emergency,
call 000 and come to Ashford.
We are open 24/7.

The Cardiac Emergency Centre
allows direct access for
privately insured patients
presenting with cardiac
related symptoms.

If you would like further
information regarding this
service, please contact Cardiac
Services Nurse Unit Manager,
Tammy Wiseman on
tammy.wiseman@acha.org.au



**Cardiac
Emergency
Centre**
by ACHA Health

SAIMA LINKEDIN

We have created a SAIMA
LinkedIn account.

Please follow the LinkedIn
page to stay updated!



Students, Junior Doctors, IMGs



Please feel free to
reach out to SAIMA
Committee members
for training and
career guidance.

We're here to support you and look forward to helping you succeed!

OUR GOLD SPONSOR



✓ **Medical Practice Sales**
Confidential sales management from preparation through to settlement.

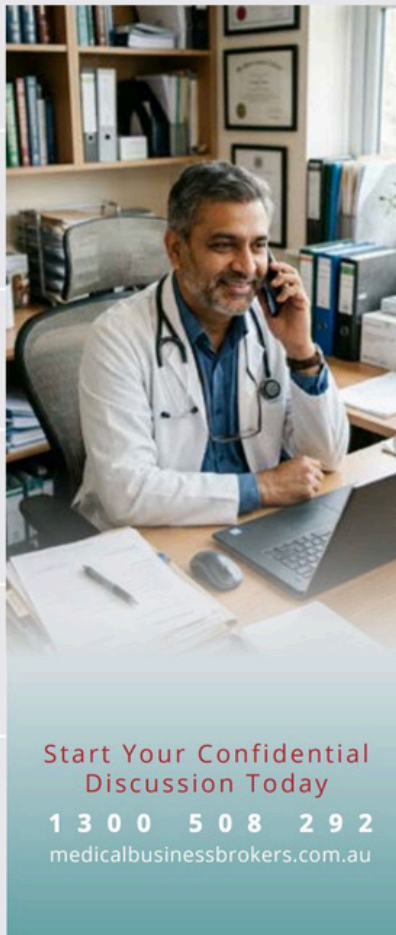
✓ **Business Valuations**
Independent market-based valuations to support sale decisions and succession planning.

✓ **Exit Planning**
Helping owners maximise value before going to market.

✓ **Acquisition Advisory**
Supporting healthcare professionals and investors seeking quality acquisition opportunities.

✓ **Buyer Qualification**
Ensuring only genuine, financially capable purchasers proceed through the sales process.

✓ **Negotiation & Deal Management**
Managing negotiations to achieve commercially favourable outcomes.



Start Your Confidential Discussion Today
1 3 0 0 5 0 8 2 9 2
medicalbusinessbrokers.com.au

UPCOMING EVENTS:

- **BOLLYWOOD NIGHT**
- **ANNUAL GENERAL MEETING**
- **CONTINUING MEDICAL EDUCATION**



A THANK YOU FROM THE SAIMA COMMITTEE!

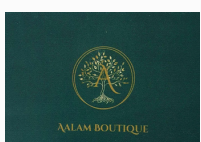
As another wonderful year comes to a close, the SAIMA Committee would like to extend our sincere thanks to all our members, sponsors and supporters for making this year so memorable. Your continued involvement, generosity and enthusiasm have helped us create meaningful events and strengthen our SAIMA community.

We are incredibly grateful for your support throughout the year and look forward to another exciting year ahead. Thank you for being part of the SAIMA Community! we can't wait to see what next year brings!

From the SAIMA Committee



THANK YOU TO OUR SPONSORS!!





SAIMA Exclusive Partnership

Gala Dinner & Annual Scientific Meeting (ASM)



SAIMA likes to invite you as an entrepreneur in the health sector and SAIMA member to become a partner...

Partnership Benefits

- Display of your organisation's logo during the events and on the event banner
- Event screen logo on the slide at both the events
- SAIMA digital channels, including the website and in the email communications

Investment Packages

Combo Package (Gala + ASM): AUD 1250

Individual Gala: \$ 1000

Individual ASM: \$ 500

If interested, please message Subodh Ganu 0417834423

Executive Committee:

PRESIDENT

Dr Jaiveer Krishnan

VICE PRESIDENT

Dr Kamban Babu

SECRETARY GENERAL

Dr Neeraj Gupta

TREASURER

Dr Chetan Pradhan

PORTFOLIOS

Sports Secretary: Dr Pravin Hissaria

Media Secretary: Dr Reema Madike

Rural Representative: Dr Sanjeev Sabharwal

Education Secretary: Dr Venkat Thiru

Human Resources Secretary: Dr Drishti Gupta

Cultural Secretary: Dr Rudraksh Gupta

Public Relations Secretary: Dr Subodh Ganu

Allied Health Representative: Dr Alka Garg

Nurses Representative: Mrs Reeba Matthews

Student Representatives: Miss Sahib Dhami, Mr Adhyayan Verma,
Mr Arvind Kumar Pati, Miss Aparajitha Raamkummar