

SAIMA NEWSLETTER

May 2026



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A WORD FROM THE PRESIDENT'S DESK

By President Dr Jaiveer Krishnan



Dear SAIMA Members,

It has been an exceptionally productive and inspiring period for SAIMA, reflecting our growing strength as a professional, cultural, and community-focused organisation.

A major highlight was the **Medical Student Career Expo** held in March 2026 at the Adelaide Health and Medical Sciences Building. With over 230 students in attendance and the presence of the Deans from both the University of Adelaide and Flinders University, the event showcased 17 specialty pathways delivered by highly accomplished clinicians, including several interstate experts. The overwhelmingly positive feedback from students, presenters, and both universities—and the request for future sessions—speaks to the quality and impact of this initiative.

Our association continues to grow steadily, now **exceeding 500 members**, with a particularly encouraging increase in active medical student participation. This growing engagement from the next generation reflects SAIMA's relevance, inclusivity, and commitment to supporting future healthcare professionals.

In April, we successfully launched the **SAIMA Golf Day**, bringing together a strong group of enthusiastic participants. The event was highly competitive and well received, with multiple winners across categories. Its success has already led to the planning of an **Inter-Association Golf Day** in June 2026, further expanding our collaborative footprint.

We also hosted **Inter-Association Badminton** – Season 4, which built on the success of previous seasons. With over 75 competitive matches across round-robin and knockout formats, the tournament demonstrated exceptional participation, sportsmanship, and community spirit. We now look forward with great anticipation to Season 5.

We organised a team for the first time for the **Mother's Day Classic 2026** where 35 members walked in support of breast and ovarian cancer research. We look forward to continuing this in future years.

Looking ahead, our flagship **Annual Scientific Meeting (ASM)** will take place on 30 May 2026 at the Adelaide Convention Centre, with an expected attendance of 120 healthcare professionals. This will be followed by our **Charity Gala Dinner** on 20 June 2026—one of the most anticipated events in our calendar.

The remainder of the year promises a dynamic and diverse lineup of events, including Bollywood Night – Episode 2, Bollywood Medical Students Night, City to Bay, Inter-Association Table Tennis Tournament – Season 2, AGM, and multiple CME sessions.

This breadth of activity reflects not just a busy calendar, but a clear commitment to creating meaningful opportunities for connection, professional growth, and cultural engagement for our members.

SAIMA continues to evolve as a vibrant and forward-looking organisation. None of this would be possible without the dedication of our members, volunteers, and partners. I encourage all members to stay engaged, participate actively, and take pride in the collective momentum we are building together.

Warm regards,
Dr Jaiveer Krishnan
President, SAIMA



SAIMA CAREERS EXPO

The SAIMA Careers Expo was held on Wednesday 25th March at AHMS! It was an incredible evening where we were thrilled to welcome approximately 230 medical students from Adelaide University and Flinders University, along with junior doctors, for a night dedicated to exploring future pathways in medicine.

This event provided medical students and junior doctors with practical and honest insights into training pathways directly from registrars, those who have most recently navigated the process themselves. This near-peer perspective allowed for relevant, actionable advice on applications, training demands and career progression.

This evening was a success with speakers across different specialties as below:

Dr Jayanthi Jayakaran - Medical Admin and PhD
Prof Pravin Hissaria - Immunology
Dr Alex Tsymbal - Anaesthetics
Dr Joshua Kovoor - General Surgery and Alternative Pathways
Dr Ashwath Sachchi - Orthopaedic Surgery
Dr Nehna Ahamed - Basic Physician Training and Respiratory
Dr Aayush Patel - General Practice
Dr Tiani Pakos - Radiation Oncology
Dr Shalini Eric - Rehabilitation Medicine
Dr Sean McCabe - Emergency Medicine
Dr Priti Pradhan and Dr Priya Umaphysivam - Obstetrics and Gynaecology
Dr Jonathan Daniel - Ear, Nose and Throat Surgery
Dr Megan Quetsch - Cardiology
Dr Sen Lim - Psychiatry
Dr Garry Singh - Ophthalmology
Dr Keerthana Ravikanti - Radiology

A special thank you to dean of Flinders University Dr Jayanthi Jayakaran and dean of Adelaide University Prof Josephine Thomas for their invaluable support and attendance in the event.

Guests also enjoyed some delicious food from Sitar Indian Restaurant.

We are incredibly grateful to all our speakers for their time, our sponsors for making this event possible, the SAIMA committee for their hard work behind the scenes, and everyone who attended and made the night such a success.

We are also incredibly grateful to have sponsor stalls at the event, allowing attendees to connect, learn, and explore valuable resources.

Special thanks to our sponsor stalls:

Mortgage Choice - Jags Lakhani (Diamond Sponsor)
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SA Paediatrics and Newborns

Your support played a key role in the success of the evening, and we truly appreciate your contribution to helping guide the next generation of doctors.

We hope everyone walked away feeling informed and inspired, and we look forward to continuing this event for many years to come!

SAIMA CAREERS EXPO



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SAIMA GOLF DAY

What a fantastic day out at the SAIMA Golf Day held on 19/04/26!

It was wonderful to see everyone come together for a great day of golf, networking, and community spirit.

Stableford Competition Results:

Male Winner – Bobby Pandit

Runner Up – Amitesh Roy

Female Winner – Lan Ge

Longest Drive – Sanjiv Lath

Nearest to Pin – Amitesh Roy

Best Putter – Rohit Soi

Best Pitching – Pravin Hissaria

A big thank you to everyone who participated and made the day so enjoyable.

Special thanks to our event sponsor, Advanced Orthopaedics Dr Bobby Pandit, for his generous support in making this event possible.

We look forward to many more memorable SAIMA events ahead, including our upcoming **Interassociation Golf Day in June!**



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Did you know that if you are a medical professional, you may be able to take out a specialised loan to meet your unique needs? This can include those with roles in general and specialist medicine, dentistry, pharmacy, radiology, veterinary services and more. Lenders tend to prefer borrowers in the medical field because of their stable incomes and high job demand, even during economic downturns, meaning they are unlikely to default on the loan. Eligibility criteria for these loans can be strict, so it's important to speak with a mortgage broker you can trust, like Jagdish, to find out your financing options.

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scan for more info



INTERASSOCIATION BADMINTON TOURNAMENT

A great evening on the badminton court!

What an amazing day at the Inter Association Badminton Tournament held on 26/04/26! It was fantastic to see such a great turnout with participants from South Australian Indian Medical Association (SAIMA), Pakistani Medical Association of South Australia (PMASA), Australian Chinese Medical Association SA (ACMA), and South Australian Sri Lankan Doctors Association (SASDA) coming together for an evening of friendly competition, connection, and fun.

The event was filled with energy, sportsmanship, and incredibly talented players across all categories. It was a wonderful opportunity to build new connections and enjoy time with friends both on and off the court.

Thank you to all the event organisers from all 4 organisations and sponsors for making this event possible.

A special congratulations to our SAIMA players:

>35 Women Winners – Daman & Sonali

>35 Women Finalists – Preetam & Aparna

<35 Men Finalists – Aseem & Sriram

We are so proud of everyone who represented SAIMA and showcased such fantastic spirit and skill throughout the tournament.

Looking forward to many more interassociation events in the near future.



30 May 2026

Adelaide Convention Centre - City Rooms

30 May 2026

MORNING SESSION

08:45 AM	Registration
09:15 AM	Keynote Address: Dr Ramya Raman RACGP Vice-President and Chair, RACGP, WA
09:30 AM	Primary Care Transformation Adelaide PHN - Nabil Rashid and David Earl
10:00 AM	Beyond Statins: Cardiovascular Risk Reduction with Vazkepa Dr Daryl Ooi
10:30 AM	MORNING TEA BREAK (20 MINUTES)
10:50 AM	Continuous Glucose Monitoring (CGM) in Type 2 Diabetes Dr Emily Meyer
11:20 AM	Immunosenescence Prof Pravin Hissaria
11:50 AM	Dermatoscopy for GPs: Practical Skills from Basics to Mastery DermaDocs
12:20 AM	Estate Planning Demystified: Understanding Legal Frameworks in Australia and Overseas for Migrant Doctors Lushen Pillay, Pillay Legal, Adelaide
12:50 PM	LUNCH (30 MINUTES)

AFTERNOON SESSION

01:20 PM	Iron Deficiency Unlocked Dr Shriram Nath and Dr Lakshmi Nath
01:50 PM	Intranasal Adrenaline (Neffy): Clinical Update David Ricciardi, CSL Seqirus
02:20 PM	Breaking the CKD Progression Cycle: Early SGLT2i Use Prof. Shilpa Jesudason
02:50 PM	Property Ownership and Taxation: Insights into Australian and Global Perspectives with a Focus on Recent Australian Budget Changes Amit Odhavji & Team – Odhavji and Associates, Adelaide

Scan QR to book



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CME EDUCATIONAL ACTIVITIES PREFERENCES SURVEY

SAIMA (South Australian Indian Medical Association) provides Continuing Medical Education (CME) activities, including an annual scientific meeting, for medical professionals, dentists, and allied health professionals.

Please fill out this survey (via QR code) to enable us to organise CME sessions which are informative and relevant to a large number of members, at a suitable date.



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SAIMA LINKEDIN

We have created a SAIMA
LinkedIn account.

Please follow the LinkedIn
page to stay updated!



SAVE THE DATES

***You're invited to SAIMA's Gala Dinner 2026 & Annual
Scientific Meeting 2026.***



**Annual Scientific Meeting:
Sat 30th May**

**Gala Dinner:
Sat 20th June**

**Venue:
Adelaide Convention Centre**



**SOUTH AUSTRALIAN INDIAN
MEDICAL ASSOCIATION**

Gala Dinner

YOU ARE INVITED TO THE 2026
ANNUAL CHARITY GALA DINNER AT
ADELAIDE CONVENTION CENTRE

ALL PROCEEDS GO TO HUTT ST CENTRE

JUNE | SAT | 6:00PM
20

THEME: "SPRING IN WINTER"
**DRESS CODE: FORMAL ATTIRE,
PASTELS + FLORALS**

TICKETS:



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MOTHER'S DAY CLASSIC

Team SAIMA at the Mother's Day Classic 2026

On Sunday 10 May, Team SAIMA proudly came together to take part in the Mother's Day Classic in support of breast and ovarian cancer research.

We were incredibly proud to have **35 members** join Team SAIMA, with participants taking on either the 4km or 7km walk/run—all united for an important cause. Together, we raised an amazing **\$1,149**.

A huge thank you to everyone who participated, donated, and supported our team. It was a wonderful morning of community, connection, and giving back while honouring mothers and families impacted by cancer. We look forward to continuing this in future years.



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SAIMA Exclusive Partnership

Gala Dinner & Annual Scientific Meeting (ASM)



SAIMA likes to invite you as an entrepreneur in the health sector and SAIMA member to become a partner...

Partnership Benefits

- Display of your organisation's logo during the events and on the event banner
- Event screen logo on the slide at both the events
- SAIMA digital channels, including the website and in the email communications

Investment Packages

Combo Package (Gala + ASM): AUD 1250

Individual Gala: \$ 1000

Individual ASM: \$ 500

If interested, please message Subodh Ganu 0417834423

Executive Committee:

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Dr Jaiveer Krishnan

VICE PRESIDENT

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