

SAIMA NEWSLETTER

MARCH 2026



IN THIS ISSUE

FROM THE PRESIDENT'S DESK

2026 EVENTS

SAIMA PARTNERSHIP EVENT

INTERNATIONAL WOMEN'S DAY ACKNOWLEDGEMENTS

ASM AND GALA DINNER DETAILS

MEDICAL CAREER EXPO DETAILS

NEW STUDENT REPRESENTATIVES

A WORD FROM THE PRESIDENT'S DESK

By President Dr Jaiveer Krishnan



Dear SAIMA Members,

It is a pleasure to reconnect with you through our newsletter. I am delighted to share that the past year has been both productive and inspiring for SAIMA.

Over the last year, we successfully delivered seven events with strong member participation. Our much-anticipated Gala Dinner welcomed approximately 300 attendees. The evening was highlighted by engaging Bollywood and cultural fusion performances, celebrating the diversity and energy within our community.

Our sporting and community events continued to strengthen bonds among members, including participation in City to Bay and the successful 2nd edition of our Multicultural Badminton Tournament.

In addition, we hosted a SAIMA Partnerships Event at the Cathedral Hotel, North Adelaide, bringing together around 30 sponsors and potential partners. This was a highly successful evening focused on strengthening collaborations and fostering long-term partnerships that will support SAIMA's future growth.

Since our last AGM, SAIMA's organisational structure has expanded with the formation of two new committees — the **Public Relations Committee** and the **Cultural Committee** — both of which have already contributed meaningfully to our engagement strategy and event planning.

A WORD FROM THE PRESIDENT'S DESK

By President Dr Jaiveer Krishnan

We also commenced the year with a **Free Membership Drive**, which has resulted in a significant increase in new registrations and renewed engagement from existing members.

Looking ahead, we have an exciting calendar of events. A key highlight will be the **Medical Student Career Expo**, organised in partnership with Flinders University and Adelaide University, scheduled for **25 March 2026** at the Adelaide Health and Medical Sciences Building. This initiative reflects our commitment to mentoring and supporting the next generation of medical professionals.

We are also thrilled to introduce a brand-new event to our calendar — the **SAIMA Golf Day**. This promises to be a unique and exciting addition, offering members another opportunity to network and connect in a relaxed setting.

Of course, preparations are already underway for our flagship event — the **SAIMA Gala Dinner**, scheduled for June 2026. With growing attendance and expanding partnerships each year, we anticipate this will be our most impactful Gala yet.

There is much to look forward to, and I warmly encourage all members to stay engaged, participate actively, and continue supporting SAIMA's mission of professional excellence, cultural celebration, and community contribution.

Warm regards,

Dr Jaiveer Krishnan

President, SAIMA



2026 EVENTS

Get excited for the range of events we have planned for this year! Keep an eye out on social media/future newsletters for dates and information!

JANUARY

SAIMA Committee
Planning Day 📅

FEBRUARY

SAIMA Sponsors
Partnership Event 🤝

MARCH

Golf Day 🏌️
Medical Career Expo 🩺
Family Day 🏠

APRIL

Bollywood Night 🇮🇳

MAY

ASM 🩺

JUNE

Gala Dinner 🎉

JULY

*NO Events
(Break after Gala
dinner) 😴*

AUGUST

Table Tennis 🏓
CME 🩺

SEPTEMBER

City 2 Bay 🏃

OCTOBER

Diwali Event 🪔

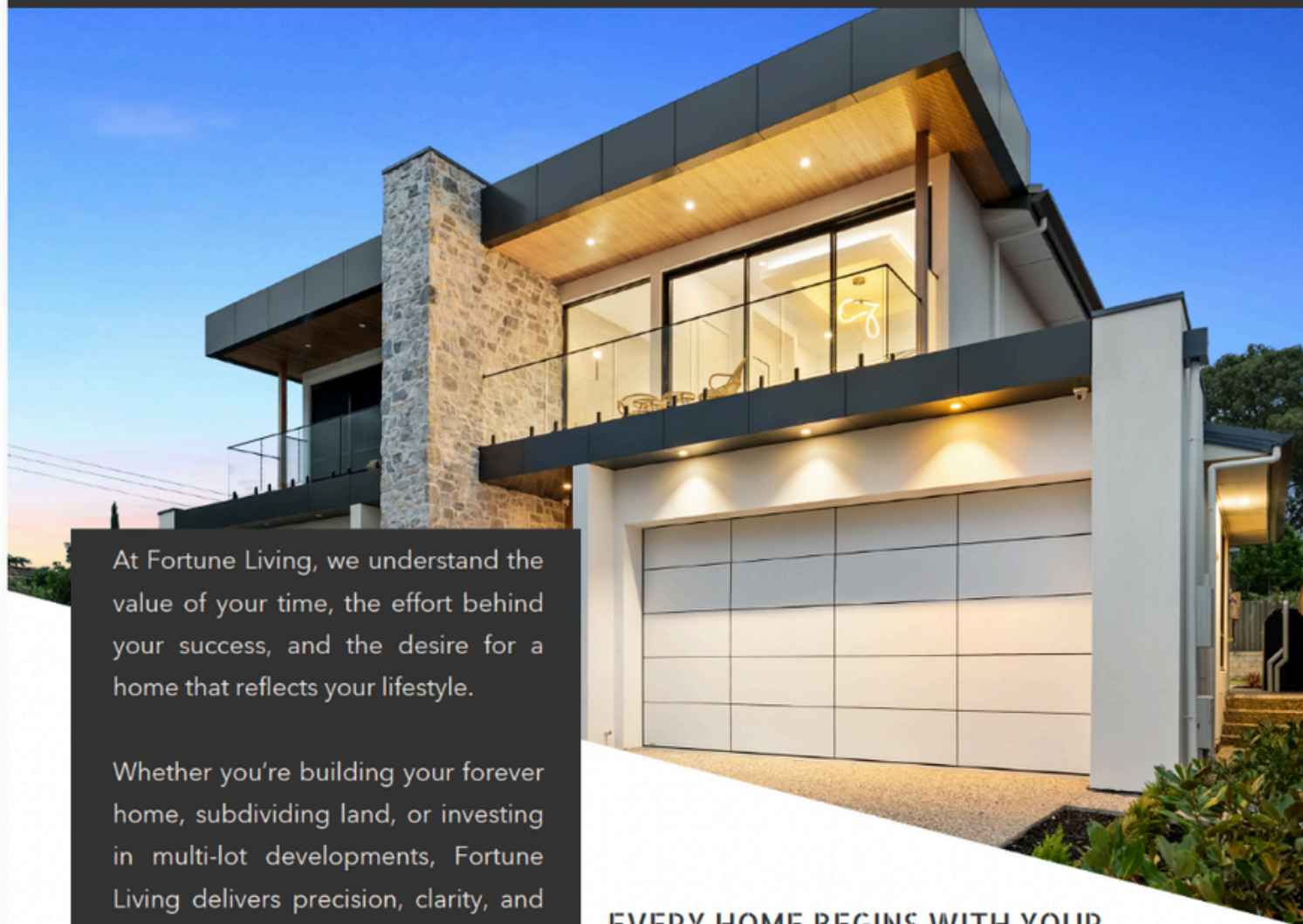
NOVEMBER

AGM 📝
Student Social Event 🩺

DECEMBER

Meet the 2027
Committee Event 🤝

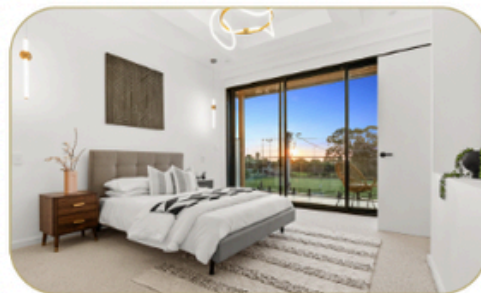
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🤝 SAIMA PARTNERSHIP EVENT 🤝

Strengthening Connections: The SAIMA Sponsor Appreciation Luncheon

South Australian Indian Medical Association organised SAIMA sponsorship event to foster relationship with industry sponsors to explore opportunities mutually beneficial and impactful for South Australian Communities at The Cathedral Hotel.

This event brought together key organisational partners such as Mortgage Choice and Fortune Living, community leaders and SAIMA representatives to strengthen collaborative relationships and celebrate shared achievements. The event highlighted SAIMA's ongoing commitment to fostering community wellbeing, professional development and cultural engagement across South Australia.

Sponsors had the opportunity to explore new avenues for partnership, and engage directly with SAIMA's leadership team. Led by Dr Jai Krishnan and Dr Kamban Babu there were brief presentations on upcoming initiatives, and recognition of sponsors whose support continues to drive SAIMA's educational, cultural and family friendly as well as community-focused activities. The SAIMA committee also introduced Dr Subodh Ganu as a new post of Public Relations Secretary to liaise with sponsors. There are a number of activities planned for this year and further details are on www.saima.org.au

The event reinforced the value of long-term partnerships and set the foundation for new collaborative projects in the coming year, with a shared vision of supporting South Australia's multicultural communities through sustainable and meaningful engagement.



OUR DIAMOND SPONSOR: MORTGAGE CHOICE

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Did you know that if you are a medical professional, you may be able to take out a specialised loan to meet your unique needs? This can include those with roles in general and specialist medicine, dentistry, pharmacy, radiology, veterinary services and more. Lenders tend to prefer borrowers in the medical field because of their stable incomes and high job demand, even during economic downturns, meaning they are unlikely to default on the loan. Eligibility criteria for these loans can be strict, so it's important to speak with a mortgage broker you can trust, like Jagdish, to find out your financing options.

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- ▶ SMSF Loans



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scan for more info



HAPPY INTERNATIONAL WOMEN'S DAY

SAIMA wishes all women a Happy International Women's Day on March 8th 2026! This International Women's Day, learn more about the impactful work of a few of SAIMA's female doctors.



Prof Renuka Visvanathan

"I am especially proud to have contributed to the training and mentorship of women who are today successful and contributing to medicine and the care of others, both in Australia and Malaysia. A special mention to my mother, a special lady and my beacon of light! Mums should always take care of their health as they are the pillars of strength for others."

Professor Renuka Visvanathan is a professor in Geriatric Medicine & Clinical Director of Adelaide GTRAC Centre. Professor Renuka Visvanathan arrived in Adelaide to study medicine at the University of Adelaide and boarded at St Mark's College. She became the Head of the Geriatric Medicine Unit at the Queen Elizabeth Hospital in 2005 and helped develop and implement specialised geriatrics service programs in South Australia, including in Port Lincoln and Whyalla. She was promoted to Professor of Geriatric Medicine at the University of Adelaide in 2013. In 2022, she was recognised as one of 50 leaders transforming the world to be a better place to grow old as part of the United Nations' Decade of Healthy Ageing. In 2022, she was also profiled by St Mark's College as part of its 40-year celebration of co-education. Renuka is also a member of the World Health Organisation's Clinical Consortium in Healthy Ageing. She is an Associate Editor for the Journal of Frailty and Ageing.

Dr Preetam Ganu is a specialist obstetrician and gynaecologist and the Founder and Medical Director of **Full Circle Care Women's Health Centre** in Adelaide, South Australia. With over 20 years of experience across public and private healthcare, Dr Ganu is dedicated to compassionate, evidence-based and culturally responsive care for women at every stage of life. After a decade in Australia's public hospital system, she established a successful private practice before launching Full Circle Care – a purpose-built, multidisciplinary women's health hub integrating gynaecologists, women's health GPs, physiotherapists, psychologists and dietitians under one roof. Her vision is to create a centre of excellence in women's health, integrating **clinical care, education, research and community engagement** to improve outcomes for women with complex, chronic and under-recognised conditions. Beyond clinical practice, Dr Ganu is a committed community leader. She is **Founder, Volunteer Principal and Chairperson of Adelaide Marathi Vidyalay**, established in 2017 to preserve language and culture for future generations. She co-founded **Saree Sahelis**, a multicultural women's wellbeing initiative promoting fitness and social connection.

She served as Secretary of the South Australian Indian Medical Association, helping organise women's gatherings, and sits on the RANZCOG SA/NT Committee. She also co-founded the **South Australian Pelvic Pain Network (SAPPN)**, a clinician-led not-for-profit improving multidisciplinary pelvic pain care. Dr Ganu received a scholarship from the Office of Small Business Women in Business Advisory Program, through which she aims to strengthen and expand Full Circle Care's multidisciplinary model. She has also received the Gargi Award from the Hindu Council of Australia and the Tejaswini Award from the Hindu Organisations and Temples Association in Adelaide.



Dr Preetam Ganu

"The reason I love what I do is I feel it is my calling, my ikigai. I felt it is a combination of my love for learning and innovation and the opportunity to share my skills to make a difference."

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CME EDUCATIONAL ACTIVITIES PREFERENCES SURVEY

SAIMA (South Australian Indian Medical Association) provides Continuing Medical Education (CME) activities, including an annual scientific meeting, for medical professionals, dentists, and allied health professionals.

Please fill out this survey (via QR code) to enable us to organise CME sessions which are informative and relevant to a large number of members, at a suitable date.



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service, please contact Cardiac
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Tammy Wiseman on
tammy.wiseman@acha.org.au



SAIMA NEWSLETTER ACKNOWLEDGEMENTS

This year, we are aiming to
introduce an acknowledgement
section in the newsletters (as
seen in the International
Women's Day section).

If you would like to nominate
any community member who
should be acknowledged for
their work, please fill out this
survey (via QR code) - you can
fill it in as many times as you
want!



SAVE THE DATES

***You're invited to SAIMA's Gala Dinner 2026 & Annual
Scientific Meeting 2026.***



**Annual Scientific Meeting:
Sat 30th May**

**Gala Dinner:
Sat 20th June**

**Venue:
Adelaide Convention Centre**

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ANNOUNCEMENTS

👩⚕️ **MEDICAL CAREER EXPO COMING UP!** 👩⚕️

To all Medical Students and Junior Doctors:

Explore your future at the SAIMA Medical Careers Expo.

Various specialties will be covered including:

- Surgical
- Specialist Physician
- GP
- Critical Care
- Psychiatry
- Obstetrics and Gynaecology
- Paediatrics
- Radiology

Register Now



When: Wednesday 25 March 2026

Time: 5:30pm - 8:30 pm

Location: AHMS, Adelaide University North Terrace, Adelaide SA 5000

Contact: A/Prof Venkat Thiru 0431 819 763 OR Dr Rudraksh Gupta 0406 433 383

INTRODUCING THE NEW STUDENT REPRESENTATIVES!



MR ADHYAYAN VERMA
FLINDERS UNIVERSITY



MISS SAHIB DHANI
FLINDERS UNIVERSITY



MR ARVIND PATI
ADELAIDE UNIVERSITY



MISS APARAJITHA RAAMKUMAR
ADELAIDE UNIVERSITY

If you are a student looking to get involved with SAIMA, please contact one of these representatives!

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Executive Committee:

PRESIDENT

Dr Jaiveer Krishnan

VICE PRESIDENT

Dr Kamban Babu

SECRETARY GENERAL

Dr Neeraj Gupta

TREASURER

Dr Chetan Pradhan

PORTFOLIOS

Sports Secretary: Dr Pravin Hissaria

Media Secretary: Dr Reema Madike

Rural Representative: Dr Sanjeev Sabharwal

Education Secretary: Dr Venkat Thiru

Human Resources Secretary: Dr Drishti Gupta

Cultural Secretary: Dr Rudraksh Gupta

Public Relations Secretary: Dr Subodh Ganu

Allied Health Representative: Dr Alka Garg

Nurses Representative: Mrs Reeba Matthews

Student Representatives: Miss Sahib Dhami, Mr Adhyayan Verma,
Mr Arvind Kumar Pati, Miss Aparajitha Raamkummar